



# Full Body Contact An Olympic Sport

Sponsored by the City of  
Boynton Beach  
and

**Tomodachi Judo Club**  
(a non-profit organization)

**Congress Middle School**  
Monday 6:30pm - 8:00pm  
Thursday 6:30pm - 8:00pm



No Hitting - No Kicking - Learn non aggression  
Exercise - Character - Concentration - Honor  
Sound Body - Sound Mind - Family Oriented - Co-Ed  
Reverence - Competitive Spirit - Respect - Balance  
Self Discipline - Self Defense - Self Esteem - Tradition

Home of over 50 State, 12 National and 6 International Judo Champions

**International Coaching Staff** - Argentina, Brazil, Canada, Cuba, Hungary, Germany, Peru and United States. We have **Over twenty Black Belts with more than 350 years of judo** training and competition. Our instructors don't stop their own education when they start teaching. All of our instructors continually attend annual clinics and seminars. We are chartered through the United States Judo Association which is the largest Judo association in the country (we are the 2nd largest club in the USJA). All promotions and tournaments are sanctioned by the USJA.



(561) 738-7704

(561) 496-7000



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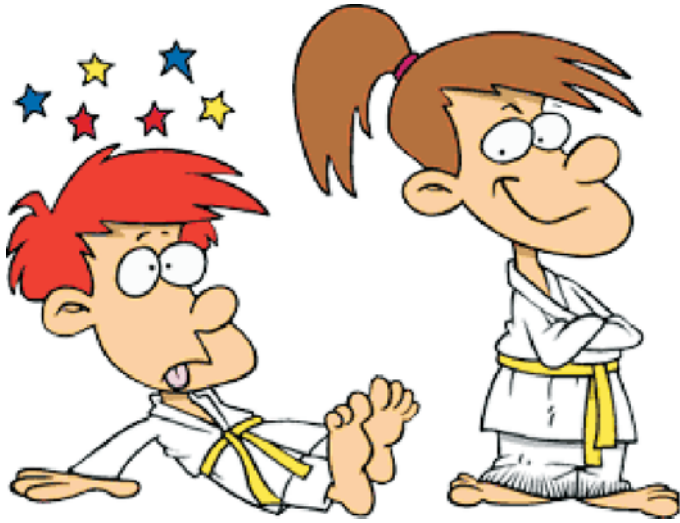


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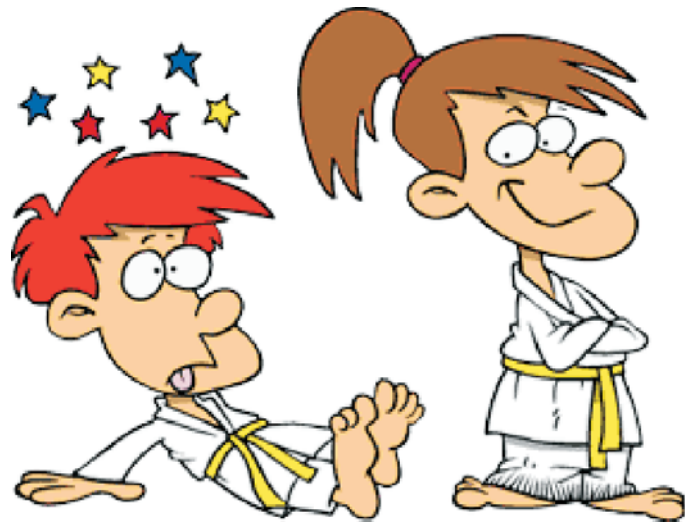
Come work out with  
our State, National &  
International Champions



Good for One  
Free Judo Class

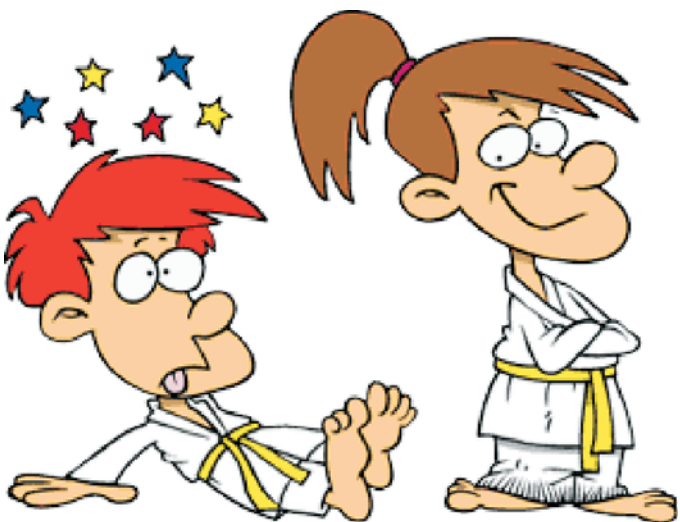
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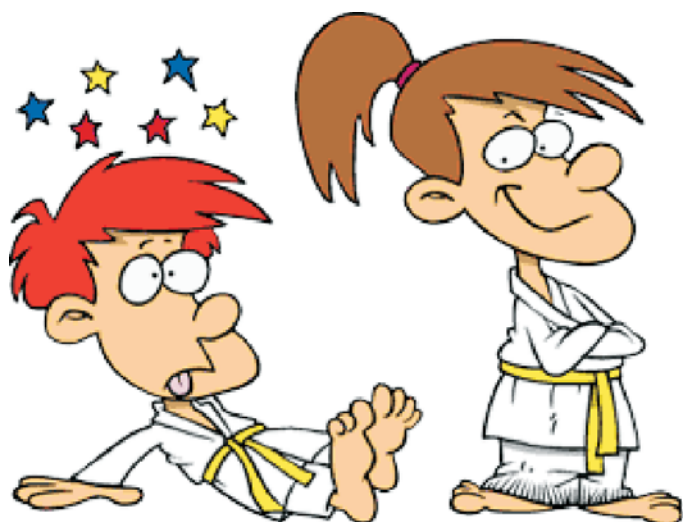


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